Medicaid Waiver Discovery Services

At Goodwill we focus on providing supports to individuals so they may achieve their personal goals, needs, desires, and wants as they participate in Medicaid Waiver programming. Individuals benefit from services both in the Goodwill center and community based settings depending upon their individual choice regarding services, supports, and who provides them.

Medicaid Waiver programming at Goodwill operates in accordance with the Virginia Department of Behavioral Health and Developmental Services licensing regulations and ensures individuals’ rights of privacy, dignity and respect, and freedom from coercion and restraint.

**Discovery Services**

Discovery Services are Day Support programs at Goodwill. Individuals participating in the program will receive the support they need to acquire, retain, and improve their skills in areas that they have identified. Individuals choose who they interact with, what activities they participate in, and whether they stay in the Goodwill environment or engage in community outings; while optimizing their initiative, self-determination, and independence.

Individuals enrolled in Discovery Services may chose to participate in Group Day Support, Community Engagement, or Community Coaching services. Individuals have full access to the greater community and a variety of choices that will enhance peer interactions, social networks, and build natural supports so they can achieve greater independence.

**Group Day Support**

Group Day Support services are for individuals who have an interest in improving self-help, socialization, community integration, and adaptive skills. Skill building is provided in coordination with required therapies per the individual person centered plan.

**Community Engagement**

Community Engagement services are provided to individuals with an interest in improving positive social behavior, interpersonal competence, greater independence, and the personal choice needed to access the typical activities and functions of community life.

**Community Coaching**

Community Coaching services will assist individuals to build a specific set of skills to address a barrier that prevents participation in the activities of Community Engagement. Supports are provided in the areas of self-management, eating, and personal care needs while in the community.

Wayland thrives in the Medicaid Program at Rocky Mount.

Wayland was born with an intellectual disability. As he got older he stayed at home with his mother and had little contact with other people. He wanted to do things on his own and was very independent. This lead to Wayland preferring not to interact with others. It was a challenge to get him to join the group and he did not cope well with stressful situations or learning new tasks. For Wayland, Goodwill is more than a job; it’s where he has met friends that have helped him through difficult times. In 2014, Wayland was diagnosed with cancer. During his treatments Wayland enjoyed checking the mailbox every day to find “Get Well” cards from his friends at Goodwill. He looked forward to coming back to Goodwill so he could be with his friends and also start working again.

Today, Wayland is in the Medicaid Waiver Day Support program at the Rocky Mount Jobs Campus. One of his favorite jobs is going to Moneta with Goodwill staff to pick up donations. Once they return to Goodwill, Wayland takes great pride in sorting the items to prepare them for the Goodwill store. He is outgoing, friendly, and always willing to help. For those he works with in Rocky Mount, they know it is going to be a good day when they see Wayland’s smile and hear him say, “Hey Buddy!” Wayland’s cancer is in remission and he knows he is going to be ok.

For more information on Medicaid Waiver Discovery Services:

info@goodwillvalleys.com

(540) 581.0620 option 2

Medicaid Waiver Discovery Services are offered at the Roanoke Jobs Campus, Radford Jobs Campus, and Rocky Mount Jobs Campus. Individuals living in Goodwills 31 counties and 13 cities service area are eligible for services, however are responsible for their own transportation. Visit http://www.goodwillvalleys.com/about/service-area/ for the full listing of counties and cities served.
Community Engagement services may include:

- Personal Care Needs
- Hobbies, Clubs, or other related activities in their communities
- Communication
- Exploring community job prospects through internship or volunteer activities
- Skill building in positive behavior, the use of community resources, community safety, positive peer interactions, and social skills

Individuals who are eligible for Group Day Support services will have a diagnosis of an intellectual disability and an IQ of 70 or below. They must be in stable medical condition and without the need for Skilled Nursing Services. Services are conducted using a 1:7 ratio.

Group Day Support services are available to individuals who meet the above requirements and whose outcomes and objectives could address the following:

- Self, social, environmental and awareness
- Communication and personal care
- Sensory stimulation and gross, fine motor, and perceptual skills
- Learning skills and problem solving
- Behavior Management activities

Community Coaching services are available to individuals who meet the above requirements and whose outcomes and objectives could address the following:

- Exploration and development of natural supports
- Use of community resources and community safety
- Recreational and leisure time
- Exercise and mobility
- Those outcomes and objectives also listed for Group Day Support

Discovery Services – Night & Weekend Services

Goodwill is now offering night and weekend services for Community Engagement and Community Coaching. These services will provide individuals with greater access to life in their local communities.

Those attending the services will participate in small group activities such as visiting local places of interest, cultural and recreational events, and a variety of leisure activities. All activities will be person centered and led by individual interests and desires to experience their communities. The outings provide individuals the opportunity to engage in community life outside of their homes, and day programs.

Community coaching for those who need one-to-one support will provide opportunities to experience a variety of community settings. This service assists individuals in accessing and engaging in the community and helps address barriers that prevent participation in activities of community engagement.

Weeknight outings and activities will begin after 4pm. Weekend outings and activities will be available throughout the weekend with times determined by the activity or outing planned. Transportation will be provided for the activities. Activities may include: Festivals, Concerts, Sporting events, Holiday events, Movies, and Dining out.

Referral to Medicaid Waiver Programs

Individuals participating in Medicaid Waiver programs at Goodwill are referred by Community Services Boards and Centers for Independent Living. Programs operate Monday through Friday from 8am to 3:30pm.