

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   | Sunday                     |
|---|--|---|--|--|--|----------------------------|
| 2<br><b>Center Closed</b><br><b>Labor Day Holiday</b>   | 3<br><b>Who Are You?</b><br><b>What's New About You</b><br><b>Try It Tuesdays</b>              | 4<br><b>Who Are You?</b><br><b>Vision Board</b><br><b>Critical Thinking</b>   | 5<br><b>Who Are You?</b><br><b>Human Bingo</b><br><b>Tech Time</b><br><b>Science Club</b>                  | 6<br><b>Who Are You?</b><br><b>"What's your Dream"</b><br><b>Present Boards</b><br><b>Mentor Match Social 5P-6P</b>  | 7<br><b>Center Closed</b>                                      | 8<br><b>Center Closed</b>  |
| 9<br><b>Healthy Hygiene!</b><br><b>What is Hygiene?</b><br><b>Current Events</b><br><b>Melrose Library</b>        | 10<br><b>Healthy Hygiene!</b><br><b>Try It Tuesdays</b><br><br><b>Advisory Team Meeting 6P</b> | 11<br><b>Healthy Hygiene!</b><br><b>Critical Thinking</b><br><b>Guest Speaker</b>   | 12<br><b>Healthy Hygiene!</b><br><b>Tech Time</b><br><b>Science Club</b>                                   | 13<br><b>Healthy Hygiene!</b><br><b>Kickball</b>   | 14<br><b>Center Closed</b>                                     | 15<br><b>Center Closed</b> |
| 16<br><b>Healthy Eating!</b><br><b>Current Events</b><br><b>Cooking with Ms. Nicole</b><br><b>Melrose Library</b> | 17<br><b>Healthy Eating!</b><br><b>Try It Tuesdays</b><br><b>Cooking with Ms. Vicky</b>        | 18<br><b>Healthy Eating!</b><br><b>Cooking with Ms. Rheba</b><br><b>Critical Thinking</b>   | 19<br><b>Healthy Eating!</b><br><b>Cooking with Ms. Jaleesa</b><br><b>Tech Time</b><br><b>Science Club</b> | 20<br><b>Healthy Eating!</b><br><b>YHQ Jr. Chef's Challenge</b><br><b>Movie Night</b>  | 21<br><b>Father Daughter</b><br><b>Dance</b><br><b>5pm-9pm</b> | 22                         |
| 23<br><b>Trauma/ Resiliency!</b><br><b>Skating 430p-630p</b>  | 24<br><b>Trauma/ Resiliency!</b><br><b>Try It Tuesdays</b>                                     | 25<br><b>Trauma/ Resiliency!</b><br><b>Guest Speaker</b><br><b>Critical Thinking</b>  | 26<br><b>Trauma/ Resiliency!</b><br><b>Tech Time</b><br><b>Science Club</b>                                | 27<br><b>Trauma/ Resiliency!</b><br><b>3 on 3 Basketball Tourney</b>   | 28<br><b>Center Closed</b>                                     | 29<br><b>Center Closed</b> |
| 30<br><b>Homecoming Week!</b><br><b>Design your Home</b><br><b>Current Events</b><br><b>Melrose Library</b>       |  | <b>September</b><br><b>THEME: Back to Basics</b> <ul style="list-style-type: none"> <li>• Hygiene</li> <li>• Healthy Eating</li> <li>• Resiliency</li> <li>• Who Are You</li> </ul> |  | <b>October</b><br><b>THEME: Homecoming</b> <ul style="list-style-type: none"> <li>• Family Dynamics</li> <li>• Cultures</li> <li>• Diversity/ Inclusion</li> <li>• College Prep</li> </ul> |  |                            |
|   |  |   |  |  |  |                            |

NOTES:  
ITEMS IN GREEN ARE COMMUNITY EVENTS  
PARENTS MUST BRING YOUTH

**FEEDING AMERICA PROGRAM BEGINS AUG 26**  
MON-FRI  
SNACK- 345P-445P  
LUNCH-530P-7P

**Fall Hours begin August 20**

**3P-8P Mon-Fri** Free Admission with completed enrollment package.

**Transportation provided by RCPS from:**  
Fleming High  
Addison & Woodrow Middle

**2019 Science Club**  
Begins Sept 5 6P-730P

**Mentoring Match Social**  
Sept 6 5P-6P

**Father Daughter Dance**  
Sept 21 5P-9P (**Register by Sept 14**)

**YHQ Office Line 540-767-0363**

**Staff Contact Info**

Mrs. Nicole Ross 540-494-2842  
Ms. Vicky Smith 540-525-9755  
Ms. Jaleesa Young 540-529-4871