

GoodGuides® Youth Mentoring at YouthHQ

An Investment in a Youth's Future

The GoodGuides Youth Mentoring Program at YouthHQ provides middle and high school students ages 11 to 21 in the Roanoke Valley with the opportunity to develop skills needed to live a successful life. Mentored youth experience greater confidence, decision making abilities, and skills needed to achieve goals and their fullest potential. Through placements with adult mentors, youth receive guidance, support, and encouragement needed for character development through activities, which are educational, recreational, and relationship building.



GoodGuides Youth Mentoring at YouthHQ program helps not only the youth and mentor but the entire community.

The program is structured in three phases, after enrolling youth are able to access YouthHQ @Goodwill services, complete assessments, and participate in a matched mentor relationship. Participating youth will improve their social competence and develop successful and meaningful adult relationships.

Youth are referred to the GoodGuides Youth Mentoring at YouthHQ program by community agencies or the local school systems. The program is funded primarily through Goodwill.

Mentoring Benefits Everyone

Mentoring programs are designed to help youth learn to lead successful, responsible lives. Mentors help them learn to resolve conflicts and accept responsibility while the youth is gaining this experience. There are also positive outcomes for the mentor and community.

- Benefits for youth: improved academic performance, higher graduation rates, increased communication skills, improved peer/family relationships, and improved self esteem.
- Benefits for mentors: sense of accomplishment, appreciation of youth from diverse backgrounds, greater pride in their community, and increased self-respect for having affected a child's life.
- Benefits for employers: improved image in the community, increased community awareness of mission, prepared workforce, and advanced diversity goals.
- Benefits for communities: decreased rate of substance abuse, teen pregnancy, school dropout, and juvenile crime.



Mentor role

Mentors will undergo extensive screening to include interviews, criminal background, reference, and DMV checks.

The mentor will:

- Be a responsible, caring adult who in partnership with the parent and legal guardians, provides support, guidance, friendship, reinforcement, and a constructive example
- Be a good listener with a desire to bring out the strengths of the youth
- Provide an in-depth assessment of the individual youth's needs
- Become involved through one-on-one interaction with the youth

**For more information on
GoodGuides Youth Mentoring
at YouthHQ :**
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