

# Reality Check

Young adults imagine the life they will have, but do they really know what it will take to reach their goals of a dream life? Reality Check helps them put it in perspective.

During a Reality Check program students make decisions regarding the direction their life will take.

## These decisions include:

- Occupation
- Marriage
- How many children and age difference



Goodwill's Reality Check gives students a glimpse into the real world and an idea of what their future will be like at each life station.

Students are then given a monthly paycheck based on their chosen occupation. They travel through life stations, paying monthly bills, to see how far their paycheck will go.

## Life stations include:

- Buying or renting a home
- Phone and utility plans
- Vehicle purchase/payments
- Medical costs
- Recreational activities
- And more



## Why Does Reality Check Work?

Using real life situations and allowing the young adults to make their own decisions they become engaged in the process. The volunteers make it fun, and when a student successfully makes it through a month of bill paying, with money left over, a siren sounds and everyone celebrates.

**Reality Check is fun, real, and an active program that allows youth to get a glimpse of what lies ahead in the "real world".**

For more information on  
Reality Check:  
[info@goodwillvalleys.com](mailto:info@goodwillvalleys.com)  
(540) 581.0620 option 2